

# TIGERSHARKS ASC

## 2010 CLUB CHAMPIONSHIPS

### Licensed Level 4

(Held under ASA Technical Rules)

**WEDNESDAY 22<sup>nd</sup> September 2010 - Link**

(800m FC - Male & Female)

**SUNDAY 26<sup>th</sup> September 2010 - Link**

(400m FC - Male & Female)

**SATURDAY & SUNDAY 02/03<sup>rd</sup> October 2010 - Link**

(Main competition - Five sessions - All events - Male & Female)

[Learn to Swim and Development 25m Events - Sunday 27<sup>th</sup> September 2009](#)

**SUNDAY 10<sup>th</sup> October 2010 - Link**

(1500m FC - Male & Female)

### AGE GROUPS

Boys 10/U - 11/12 - 13/14 - 15 & Over

Girls 10/U - 11/12 - 13/14 - 15 & Over

### LTS & Dev Age Groups

Boys 7/U - 8/9 - 10 & Over

Girls 7/U - 8/9 - 10 & Over

Bag Cat awards to be made to single age groups

Boys                    9/U 10    11    12    13    14

Girls                   9/U 10    11    12    13

# Tigersharks ASC Club Championships Open Meet

(Under ASA law and ASA technical rules)

SATURDAY & SUNDAY 02/03<sup>rd</sup> October 2010

## MEET RULES

1. The meet will be held under ASA laws and ASA technical rules
2. All competitors must be registered with the ASA.
3. Age groups are based on ages at **10<sup>th</sup> October 2010**
4. A competitor may compete under the name of Tigersharks club only.
5. Applications for entry must be correctly submitted by the specified date of 12<sup>th</sup> September 2010 for all Events. Late entries may be accepted at the discretion of the promoter, but not to the detriment of entries received on time. Entries received without payment will not be processed.
6. The promoter will limit the number of entries should the events be oversubscribed; the slowest entries in each of the relevant events & grades will be rejected. Strictly no refunds on accepted entries.
7. Main Age groups/events; 9, 10, 11, 12, 13, 14, 15 & Over - [LTS & Dev 7/U, 8/9, 10 & Over](#)  
All events will be heat declared.
8. This event will NOT run with the use of entry cards
9. The heats will be seeded on entry times. All swimmers must have achieved times within the entry criteria applied in the attached table.
10. The first three in each age group will receive an award. Awards can be collected when results are posted. Swimmers who exceed the upper limit qualifying times will be awarded speeding tickets
11. Competitors must report to the marshals, one event before their own event. Failure to do so may mean exclusion from the event.
12. All starts will be at the deep end of the pool. All starts will be over the top, except backstroke races.
13. Warm up times. As listed in program details. Diving is only permitted in sprint lanes.  
Warm up procedures will be listed prior to the start of the meet.
14. The promoter reserves the right to refuse admission to any competitor or spectator.
15. Result sheets will be forwarded via email.
16. Anything not covered in the above rules and associated literature will be at the discretion of the promoter.
17. The Tigersharks Open meet organisers will amend the rules where necessary to ensure the meet runs smoothly.
18. The promoter's decision is final, subject to ASA Law.

**Note:** The electronic timing is provisional and may be over ruled by the referee.

Disabilities must be reported to the referee before the session of their event. A copy of their ASA certificate of permanent disability must be produced if requested. Failure to comply could result in disqualification from their events.

**Closing date for entries is midnight on 12<sup>th</sup> September 2010 for all events. Failure to return entries may result in swimmers being excluded from the event.**

## **Tigersharks ASC – Closed Championships 2010**

The age on last day of competition will be the **10<sup>th</sup> October 2010**. All events will be licensed at Level 4. Girls who are 10 & under and boys who are 11 & under will be allowed to enter the 100m events where they have entered and competed in the corresponding 200m event. However, only the 100 IM points will be used in the BAGCAT awards. This year Club Championships will not operate with mixed heats but will swim Male & Female separately.  
**NB: 25m events are for Learn to Swim and Development swimmers only.**

**Closing date for entries is as follows: - 12<sup>th</sup> September 2010 for all Events**

**Failure to return entries may result in swimmers being excluded from the event.**

Programme of events. Warm up times are provisional & may be subject to change once the entries have been received. Swimmers will be notified accordingly.

### **Wednesday 22<sup>nd</sup> September      Milton Road**

**Session 6**    warm up 19:00      start 19:30  
800m Frontcrawl

### **Sunday 26<sup>th</sup> September                      Link Centre**

**Session 7**    warm up 17:00      start 17:30  
400m Frontcrawl

### **Saturday 2<sup>nd</sup> October                      Link Centre**

**Session 1**    warm up 11.15      start 11.45  
100m Butterfly  
200m Individual Medley  
100m Frontcrawl

**Session 2**    warm up 14.30      start 15.00  
200m Backstroke  
50m Frontcrawl  
200m Butterfly

**Session 3**    warm up 17.30      start 18:00  
100m Breaststroke  
50m Butterfly  
400m Individual Medley

### **Sunday 3<sup>rd</sup> October                      Link Centre**

**Session 4**    warm up 10.15      start 11:00  
100m Individual Medley  
[25m Butterfly](#)            (LTS & Dev)  
50m Backstroke  
[25m Backstroke](#)        (LTS & Dev)  
200m Breaststroke

**Session 5**    warm up 14.30      start 15.15  
50m Breaststroke  
[25m Breaststroke](#)    (LTS & Dev)  
100m Backstroke  
[25m Frontcrawl](#)        (LTS & Dev)  
200m Frontcrawl

### **Sunday 10<sup>th</sup> October                      Link Centre**

**Session 8**    warm up 17:00      start 17:30  
1500m Frontcrawl

# Tigersharks ASC Closed Championships 2010 - Entry Form

Please make sure this form is fully completed paying special attention to the dates of birth and must be **signed by your Squad Coach**.

**NB:** 25m events are for Learn to Swim and Development swimmers only.

Name \_\_\_\_\_ Male/Female \_\_\_\_\_ Squad \_\_\_\_\_

ASA ID \_\_\_\_\_ DOB \_\_\_\_\_ Age @ 10/10/2010 \_\_\_\_\_

Milton Road		Link centre	
22 <sup>nd</sup> September 2010		26 <sup>th</sup> September 2010	
Session 6	Entry time	Session 7	Entry time
800m FC		400m FC	

Link centre		Link centre		Link centre	
2 <sup>nd</sup> October 2010		2 <sup>nd</sup> October 2010		2 <sup>nd</sup> October 2010	
Session 1	Entry time	Session 2	Entry time	Session 3	Entry time
100m FLY		200m BK		100m BR	
200m IM		50m FC		50m Fly	
100m FC		200m FLY		400m IM	

Link centre		Link centre	
3 <sup>rd</sup> October 2010		3 <sup>rd</sup> October 2010	
Session 4	Entry time	Session 5	Entry time
100m IM		50m BR	
25m FLY		25m BR	
50m BK		100m BK	
25m BK		25m FC	
200m BR		200m FC	

Link centre	
10 <sup>th</sup> October 2010	
Session 8	Entry time
1500m FC	

Total number of entries @ £4.50 / event = £ \_\_\_\_\_

10 or more events £40.00 = £ \_\_\_\_\_

All entries must be signed by the Squad Coach. All entry times must be filled in correctly by your coach or squad administrator. **Entry forms without times (With the exception of 800 / 1500m FC events) DOB's or Coach's signatures will be returned and could result in the swimmers exclusion from the championships.**

**Completed entries forms must be returned to your admin in time to reach Diane Lee by the above specified dates.**

Signed – Squad Coach \_\_\_\_\_